

**YAKAMA NATION HUMAN RESOURCES DEPARTMENT
JOB ANNOUNCEMENT**



Announcement # 2017-084 **Issue Date:** 04-21-17 **Closing Date:** 05-04-17

Physical Health Educator
YN Diabetes Program
Department of Human Services
Hourly Wage: \$18.58/Regular/Full-Time

Energetic, highly motivated, friendly outgoing person to conduct physical activities in the prevention and management of diabetes for the community. Develop and coordinate physical exercise programs, protocols and fitness education to prevent and manage diabetes for various age groups. Actively participate in the Yakama Nation Diabetes Program's community education and services. Must enjoy working with various age groups and varying fitness levels and particular with other fitness instructors.

Knowledge Skills and Abilities:

- Ability to work independently with little to no supervision in the performance of his/her duties and responsibilities.
- Knowledge and ability to instruct participants in proper body mechanics, stretching, increasing flexibility and relaxation techniques for participation in fitness activities.
- Ability to become an effective and productive team member of the Diabetes Program.
- Knowledge and skill in use of a computer to design attractive and motivating literature, flyers, and instructions that promote fitness activities.
- Ability to complete fitness assessments, whether manually or by computer programs, to record and assist with tracking of participant's physical activity and/or progress.
- Excellent verbal and writing skills in order to provide clear, concise instructions in proper body mechanics stretching, warm up/cool down, and relaxation techniques for participants of exercise program.
- Ability to interact positively with the public in a courteous and pleasant manner.
- Knowledge and understanding of fitness standards, principles, and current health trends and in particular diabetes related health issues.
- Ability to maintain a records-system of clientele; knowledgeable of *Access* Software.
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- Ability to organize and prioritize work assignments, duties, and responsibilities to utilize work time wisely and productively.
- Performs other duties as assigned.

General Recruiters Indicators:

- Enrolled Yakama member or other tribal affiliation.
- BA or BS in Exercise Science, Physical Education, Exercise Physiology, and Certified Physical/Fitness Trainer (CPT or CFT), or Physical Activity Specialist. Experience preferred.
- Must provide copy of valid Washington State License with ability to obtain a tribal permit.
- Ability to pass pre-employment drug test.
- Must be willing to work flexible work hours.